

A very atypical History of Philosophy
from the point of view of Gastronomy

GastroPhilosophy

Eduardo Infante and Cristina Macía

Did you know that eating beans was the worst sin for a Pythagorean? Or that medieval Christian reasoning caused Friars to throw a pig into a river then 'fish' it out a few meters downstream, converted into a food acceptable for Lent?

This is a different book about Philosophers and their relationship with Food. The reader will learn in a playful way about the main Schools of Philosophy with anecdotes linking those Schools to the Foods and the Recipes illustrative of the ideas and the epochs.

«If the only thing the reader knew about Pythagoras concerns angles and hypotenuses, they are in for a treat. A metaphorical treat, of course: the philosopher and his followers had a complicated relationship with food, consisting mainly in avoiding most things nice. They didn't have a very healthy relationship with sex, either. Once you start denying yourself pleasures it is hard to stop.»

Eduardo Infante is the author of two best-sellers, *Filosofía en la calle* (*Philosophy in the Street*, 2019), so far published in seven countries and used by teachers as an irreverent alternative to dry textbooks, and *No me tapes el sol* (*Don't Block my Sun*, 2021) a vindication of the Cynics after 2,500 years of cancellation.

Cristina Macía has written a dozen cookbooks and is a respected literary translator. Well, not as respected as she would like.

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