

Finding our hidden needs

Previously, in "Emotions: an Investigation and User Guide."

To get out of this dead end, we can take things a bit further and try to find the needs that are hidden behind your emotions. What do you say?



How do we do that?

WE'RE GOING TO INVESTIGATE!



Start by telling me what happened, then how you felt about it.

He's such a pig!



Well, I came home one evening, and as ALWAYS, Foxy's socks were ALL OVER the living room!!



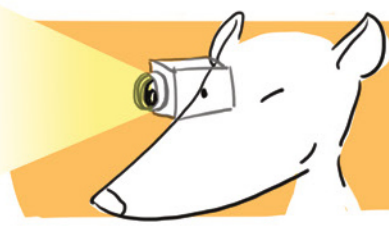
And when I told him for the gazillionth time to tidy up, the jerk turned his back on me!



Okay, good! Now, imagine that there was a surveillance camera there, and tell me what it would have seen and heard.

Eh? Why are you asking me to do that? Don't you believe me?

OF COURSE I BELIEVE YOU. YOU TOLD ME WHAT YOU SAW AND FELT WITH YOUR OWN CAMERA: YOUR **SUBJECTIVE CAMERA.**



IT'S YOUR TRUTH. NO-ONE CAN TAKE IT AWAY FROM YOU.

But now it'll be a bit easier for us to make progress with our investigation if we step back a bit and look at what happened with an **OBJECTIVE CAMERA.**

